

The ROYAL COLLEGE of OPHTHALMOLOGISTS

OST Curriculum 2024

Level 4 Learning Outcomes and descriptors

Patient Management Domain

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The Royal College of Ophthalmologists is a registered charity in England and Wales (299872) and in Scotland (SC045652)

Level 4	
Learning Outcome	Descriptors
An ophthalmologist achieving this level wi	II, in addition:
Demonstrate advanced clinical management and surgical skills.	 Demonstrate competency in diagnosis, investigation and management of vitreoretinal disease in outpatients, inpatients and emergency settings. Have skills in cataract surgery to Level 4. Have advanced cataract surgery skills to manage high risk cataract surgery including, but not limited to post-vitrectomy, posterior polar cataract and zonular weakness. Demonstrate core skills to manage: Endophthalmitis vitreous haemorrhage supra-choroidal haemorrhage sub-retinal haemorrhage uncomplicated rhegmatogenous retinal detachment vitreo-macular traction epiretinal membrane macular hole Employ the most appropriate technique from a range of surgical skills for the particular clinical situation e.g. vitrectomy, external buckling, pneumoretinopexy. Demonstrate skills to manage the posterior segment complications of cataract surgery, including intraocular lens implantation in the absence of capsular support. Demonstrate laser skills such as the application of indirect laser with indentation and in the presence of a small pupil for retinal breaks. Undertake prospective audit of specialist surgical outcomes in vitreoretinal disease, against national standards. Maintain a record of activities, using the RCOphth electronic logbook.

Manage the complexity and uncertainty of vitreoretinal disease cases.	 Understand and apply advanced knowledge of vitreoretinal conditions and practice. Independently manage vitreoretinal disease clinics and theatre lists and recognise the need for further input when appropriate. Diagnose and manage vitreoretinal conditions including, but not limited to, proliferative diabetic retinopathy, retinal detachment with proliferative vitreoretinopathy, exudative retinal detachment, inherited and inflammatory conditions. Apply knowledge and skills in a flexible manner. Utilise existing skills to novel situations. Adapt management strategies to take account of patient's informed preferences, particular circumstances, age and co-morbidities, respecting patient autonomy. Manage the uncertainty of treatment success or failure and communicate effectively with patients were there is uncertainty. Manage the personal challenge of coping with uncertainty. Evaluate published developments in vitreoretinal knowledge and practice and modify own practice appropriately. Recognise and refer patients who will benefit from more specialist input.
Apply management and team working skills appropriately, including in complex, dynamic situations.	 Use highly developed consultation skills efficiently to manage busy clinics whilst managing patient expectations. Assist with decision-making where there are cognitive impairment barriers, employing Independent Mental Capacity Advocacy (IMCA) services or equivalent if necessary. Understand how culture or religious beliefs can affect patients' decision making and needs, and communicate these effectively to the team. Be sensitive to social situations and the impact these may be having on the patient, their carers and their disease. Understand when information must be shared more widely with schools, carers, police, etc. and understand the responsibilities and implications of sharing information. Receive and respond to communications in complex or challenging situations. Give specialist advice to non-vitreoretinal specialists. Liaise and mutually support colleagues from other subspecialties, particularly medical retina, to optimise patient care, when co-management is required. Promote professional values within the team. Work as a collaborative member of a team, respecting differences of opinion.

	 Accept constructive and appropriately framed criticism. Support colleagues. Be an advocate for patients. Manage significant events and complaints, including writing formal reports. Understand and follow local policies in response to complaints.
Be an effective supervisor, teacher and trainer of vitreoretinal disease.	 Participate in education/training of medical students/junior trainees, and allied health professionals in vitreoetinal surgery. Supervise and accredit/sign off trainees to Level 3 in vitreoretinal disease. This includes supervising simple vitreoretinal procedures and surgery to Level 3, such as vitreous biopsy. Supervise and accredit/sign off trainees to Level 4 in cataract surgery.

The indicative time for training at this level is **up to 18 months** of full-time equivalent.