

## The ROYAL COLLEGE of OPHTHALMOLOGISTS

**OST Curriculum 2024** 

## **Level 4 Learning Outcomes and descriptors**

**Patient Management Domain** 

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The Royal College of Ophthalmologists is a registered charity in England and Wales (299872) and in Scotland (SC045652)

Level 4	
Learning Outcome	Descriptors
An ophthalmologist achieving this level will, in addition:	
Demonstrate advanced clinical management and surgical skills.	<ul> <li>Demonstrate competency in diagnosis, investigation and management of complex corneal, ocular surface and anterior segment disease in outpatients, inpatients and emergency settings.</li> <li>Have skills in cataract surgery to Level 4.</li> <li>Have advanced cataract surgery skills to manage high risk cataract surgery including, but not limited to, surgery in the presence of pre-existing corneal abnormality.</li> <li>Demonstrate advanced understanding in the use and interpretation of specialised investigations for assessment of the cornea including, but not limited to:         <ul> <li>corneal topography</li> <li>specular microscopy</li> <li>confocal microscopy</li> <li>Anterior Segment OCT</li> </ul> </li> <li>Understand the indications, complications and management of topical and systemic immunosuppression.</li> <li>Perform corneal and ocular surface surgery independently including, but not exclusively:             <ul> <li>corneal grafting (penetrating, lamellar, tectonic and endothelial)</li> <li>ocular surface biopsy</li> <li>pterygium surgery and amniotic membrane grafting</li> <li>conjunctival manipulation</li> <li>cross-linking</li> </ul> </li> <li>Manage the anterior segment complications of cataract surgery including, but not exclusively, management of refractive surprise and pseudophakic bullous keratopathy.</li> </ul>

Manage the complexity and uncertainty of cornea and ocular surface disease cases.	<ul> <li>Understand and apply advanced knowledge of corneal and ocular surface conditions and practice.</li> <li>Independently manage corneal and ocular surface disease clinics and theatre lists.</li> <li>Diagnose and manage complex conditions including, but not limited to:         <ul> <li>atypical infectious keratitis (e.g. acanthamoebic, fungal, neurotrophic, viral)</li> <li>autoimmune and immunological disease</li> <li>neoplasia</li> <li>non-infectious (e.g. conjunctivitis medicamentosa, non-accidental injury)</li> </ul> </li> <li>Manage refractive surgery complications; advise on lens calculations following laser refractive surgery and management of astigmatism.</li> <li>Knowledge of new generations of intraocular lens formulae and implications to corneal practice.</li> </ul> <li>Apply knowledge and skills in a flexible manner.</li> <li>Utilise existing skills to novel situations.</li> <li>Adapt management strategies to take account of patients' informed preferences, particular circumstances, age and co-morbidities, respecting patient autonomy.</li> <li>Manage the uncertainty of treatment success or failure and communicate effectively with patients were there is uncertainty.</li> <li>Manage the personal challenge of coping with uncertainty.</li> <li>Evaluate published developments in cornea and ocular surface knowledge and practice and modify own practice appropriately.</li> <li>Recognise and refer patients who will benefit from more specialist input.</li>
Apply management and team working skills appropriately, including in complex, dynamic situations.	<ul> <li>Give specialist advice to non-corneal and ocular surface disease specialists.</li> <li>Use highly developed consultation skills efficiently to manage busy corneal and external eye disease clinics whilst managing patient expectations.</li> <li>Assist with decision-making where there are cognitive impairment barriers, employing Independent Mental Capacity Advocate (IMCA) services or equivalent if necessary.</li> <li>Understand how culture or religious beliefs can affect patients' decision making and needs, and communicate these effectively to the team.</li> <li>Be sensitive to social situations and the impact these may be having on the patient, their carers and their disease.</li> <li>Understand when information must be shared more widely with schools, carers, police, etc. and understand the responsibilities and implications of sharing information.</li> </ul>

	<ul> <li>Receive and respond to communications in complex or challenging situations, especially liaison with high-risk patients of losing eyesight e.g. glaucoma, oculo-plastics.</li> <li>Give specialist advice to non-corneal and ocular surface disease specialists.</li> <li>Liaise and support colleagues from other subspecialties, to optimise patient care, when comanagement is required.</li> <li>Promote professional values within the team.</li> <li>Work as a collaborative member of a team, respecting differences of opinion.</li> <li>Accept constructive and appropriately framed criticism.</li> <li>Support colleagues.</li> <li>Be an advocate for patients.</li> <li>Manage significant events and complaints, including writing formal reports.</li> <li>Understand and follow local policies in response to complaints.</li> </ul>
Be an effective supervisor, teacher and trainer of ocular surface disease.	<ul> <li>Participate in education/training of medical students/junior trainees, and allied health professionals in cornea &amp; ocular surface disease.</li> <li>Supervise and accredit/sign off trainees to Level 3 in cornea and ocular surface. This includes supervising simple cornea and ocular surface procedures and surgery to Level 3, such as corneal trauma repair.</li> <li>Supervise and accredit/sign off trainees to Level 4 in cataract surgery.</li> <li>Supervise allied professionals in the delivery of cornea and ocular surface care under guidance of local governance.</li> </ul>

The indicative time for training at this level is **up to 18 months** of full-time equivalent.

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