OST Curriculum 2024

Level 3 Learning Outcomes and descriptors

Patient Management Domain

Oculoplastics and Orbit (i)

Level 3	
Learning Outcome	**Descriptors**
An ophthalmologist achieving this level will, in addition:	
Independently assess and manage moderate complexity patients, demonstrating an understanding of oculoplastics procedures and selecting the most appropriate treatment according to current accepted practice.	- Understand and apply knowledge of medicine and surgery relevant to oculoplastic practice, to make diagnoses and recommend a management plan. - Be informed by the patient's unique medical, psychological and social circumstances. - Understand the tests and imaging techniques that might be helpful in deciding about and guiding treatment. - Use with accuracy and efficiency instruments available to assess the patient, including the exophthalmometer. - Be competent in performing a sac wash-out (syringing) and be able to fully interpret the findings including assessment of the level of blockage with a probe. - Implement a detailed management plan to include care from triage to discharge from care. - Acknowledge and follow relevant guidelines or protocols. - Practise in line with the latest evidence. - Understand the indications, risks and limitations of surgery and identify patients for whom these treatments would be appropriate. - Involve the patient, and where appropriate, their carer, partner or relatives, in the choices about their care and enable them to express their informed consent. - Share decision-making by providing patients with appropriate and comprehensible information, prioritising the patient's wishes and respecting the patient's beliefs, concerns and expectations. - Communicate the uncertainty of options in a manner that patients will understand. - Manage difficult or challenging conversations. - Develop situational awareness and an understanding of the impact of cultural and social issues. - Enable patient self-management where possible.

	- Understand and apply knowledge of clinical genetics relevant to oculoplastic and orbital conditions. - Advise patients about patterns of inheritance and recognise when it is appropriate to refer a patient for genetic counselling. - Recognise when it is important to offer a consultation with family members. - Recognise when a patient has had or is developing a complication or side effect from treatment and be able to manage this in an appropriate and timely manner. - Maintain an understanding of new developments in relevant technologies.
Risk assess and prioritise patients appropriately, recognising the need for special interest input.	- Manage patient referrals efficiently, according appropriate priority to referrals based on clinical need and in accordance with local and national guidelines. - Refer to more experienced clinicians when appropriate. - Manage acute presentations following local guidance. - Know the conditions that warrant an urgent onward referral to other healthcare professionals, and be aware of the local policies and systems for making such referrals. - Manage surgical waiting lists and other access to clinical services appropriately, intervening when clinical care for a patient is put at risk by inappropriate waiting list management.
Independently perform low complexity oculoplastics procedures.	- Achieve safe and appropriate local anaesthetic for ophthalmic procedures. - Perform routine minor eyelid procedures, including, incision and curettage, biopsy and excision of eyelid lesions. - Perform emergency oculoplastic procedures, including, lateral canthotomy and cantholysis, eyelid laceration repair, (including the lid margin), tarsorrhaphy and botulinum toxin administration for protection of the cornea/ocular. - Perform primary ectropion and entropion procedures. - Know how to handle and manage an eyelid biopsy specimen to minimise artefacts. - Make appropriate and reliable arrangements for the result to be acted upon in a timely fashion. - Develop new skills in a supervised simulated environment.